LIFE HEALTHCARE GROUP HOLDINGS LIMITED

(Incorporated in the Republic of South Africa)

(Registration number: 2003/002733/06)

ISIN: ZAE000145892
Share Code: LHC
("the company")

NO CHANGE STATEMENT AND NOTICE OF ANNUAL GENERAL MEETING

No change statement

Shareholders are advised that the annual financial statements will be distributed to shareholders on or about 20 December 2010 and contain no modifications to the audited results which were published on SENS on 30 November 2010. The annual report will be available on the company's website, www.lifehealthcare.co.za today.

Notice of the annual general meeting

Notice is hereby given that the 6th annual general meeting of Life Healthcare Group Holdings Limited shareholders will be held at the Wanderers Club, 21 North Street, Illovo, Johannesburg on Thursday 27 January 2011 at 13h30 to transact the business as stated in the annual general meeting notice forming part of the annual financial statements.

15 December 2010 Illovo

Sponsor

RAND MERCHANT BANK (A division of FirstRand Bank Limited)